Flinders University
Digital Psychiatry
Research Team

- Flinders University HVC -

'ReachOut health-tracking cohort study', 2016-2017

'Activity' dataset

user.id	Unique participant ID number assigned by study platform on registration
Width:	4
Decimal:	0
Variable Type:	numeric
Variable Measure:	nominal
	Based upon 3757 valid cases out of 3757 total cases

source	Name of app which participant linked to the study platform and from which data has been fetched via Human API
Width:	27
Decimal:	0
Variable Type:	string
Variable Measure:	nominal
	Based upon 3757 valid cases out of 3757 total cases

measurement_date_time	The time and date when activity data was fetched by the study platform from the app source via Human API (dd/mm/yyyy hr:min:sec)
Width:	63
Decimal:	0
Variable Type:	string
Variable Measure:	nominal
	Based upon 3757 valid cases out of 3757 total cases

duration	Duration of activity (seconds), fetched from linked app
Width:	5
Decimal:	0
Variable Type:	numeric
Variable Measure:	scale
	Based upon 3757 valid cases out of 3757 total cases

- Mean: 5752.0
- Median: 1093.0

- Mode: 0.0
- Standard Deviation: 8710.91

distance	**Distance travelled during activity (meters), fetched from linked app**
Width:	5
Decimal:	0
Variable Type:	numeric
Variable Measure:	scale
	Based upon 3757 valid cases out of 3757 total cases

- Mean: 2539.1
- Median: 947.0
- Mode: 0.0
- Standard Deviation: 3328.79

steps	**Number of steps taken during activity, fetched from linked app**
Width:	5
Decimal:	0
Variable Type:	numeric
Variable Measure:	scale
	Based upon 3757 valid cases out of 3757 total cases

- Mean: 3698.0
- Median: 1621.0
- Mode: 0.0
- Standard Deviation: 4691.23

vigorous	**The number of minutes of vigorous activity, fetched from linked app**
Width:	3
Decimal:	0
Variable Type:	numeric
Variable Measure:	scale
	Based upon 3757 valid cases out of 3757 total cases

- Mean: 3.2
- Median: 0.0
- Mode: 0.0
- Standard Deviation: 10.42

moderate	**The number of minutes of moderate activity, fetched from linked app**
Width:	3
Decimal:	0
Variable Type:	numeric

Variable Measure:	scale
	Based upon 3757 valid cases out of 3757 total cases

- Mean: 6.6
- Median: 0.0
- Mode: 0.0
- Standard Deviation: 20.81

light	**The number of minutes of light activity, fetched from linked app**
Width:	3
Decimal:	0
Variable Type:	numeric
Variable Measure:	scale
	Based upon 3757 valid cases out of 3757 total cases

- Mean: 66.1
- Median: 0.0
- Mode: 0.0
- Standard Deviation: 127.42

sedentary	**The number of minutes of sedentary activity, fetched from linked app**
Width:	4
Decimal:	0
Variable Type:	numeric
Variable Measure:	scale
	Based upon 3757 valid cases out of 3757 total cases

- Mean: 566.5
- Median: 367.0
- Mode: 0.0
- Standard Deviation: 620.64

calories	**The number of estimated calories burned during the activity**
Width:	4
Decimal:	0
Variable Type:	numeric
Variable Measure:	scale
	Based upon 3757 valid cases out of 3757 total cases

- Mean: 1127.2
- Median: 1142.0
- Mode: 0.0

- Standard Deviation: 1095.84