

Flinders University Digital Psychiatry Research Team

- Flinders University HVC -

'ReachOut health-tracking cohort study', 2016-2017

'Activity' dataset

user.id	Unique participant ID number assigned by study platform on registration
Width:	4
Decimal:	0
Variable Type:	numeric
Variable Measure:	nominal
	Based upon 3757 valid cases out of 3757 total cases
source	Name of app which participant linked to the study platform and from which data has been fetched via Human API
Width:	27
Decimal:	0
Variable Type:	string
Variable Measure:	nominal
	Based upon 3757 valid cases out of 3757 total cases
measurement_date_time	The time and date when activity data was fetched by the study platform from the app source via Human API (dd/mm/yyyy hr:min:sec)
measurement_date_time Width:	the study platform from the app source via Human
	the study platform from the app source via Human API (dd/mm/yyyy hr:min:sec)
Width:	the study platform from the app source via Human API (dd/mm/yyyy hr:min:sec) 63
Width: Decimal:	the study platform from the app source via Human API (dd/mm/yyyy hr:min:sec) 63 0
Width: Decimal: Variable Type:	the study platform from the app source via Human API (dd/mm/yyyy hr:min:sec) 63 0 string
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Width: Decimal: Variable Type: Variable Measure:	the study platform from the app source via Human API (dd/mm/yyyy hr:min:sec) 63 0 string nominal Based upon 3757 valid cases out of 3757 total cases Duration of activity (seconds), fetched from linked
Width: Decimal: Variable Type: Variable Measure: duration	the study platform from the app source via Human API (dd/mm/yyyy hr:min:sec) 63 0 string nominal Based upon 3757 valid cases out of 3757 total cases Duration of activity (seconds), fetched from linked app
Width: Decimal: Variable Type: Variable Measure: duration Width:	the study platform from the app source via Human API (dd/mm/yyyy hr:min:sec)630stringnominalBased upon 3757 valid cases out of 3757 total casesDuration of activity (seconds), fetched from linked app5
Width: Decimal: Variable Type: Variable Measure: duration Width: Decimal:	the study platform from the app source via Human API (dd/mm/yyyy hr:min:sec)630stringnominalBased upon 3757 valid cases out of 3757 total casesDuration of activity (seconds), fetched from linked app50
Width: Decimal: Variable Type: Variable Measure: duration Width: Decimal: Variable Type:	the study platform from the app source via Human API (dd/mm/yyyy hr:min:sec) 63 0 string nominal Based upon 3757 valid cases out of 3757 total cases Duration of activity (seconds), fetched from linked app 5 0 numeric

- Mean: 5752.0
- Median: 1093.0

•	Mode: 0.0	
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• Standard Deviation: 8710.91

distance	Distance travelled during activity (meters), fetched
	from linked app
Width:	5
Decimal:	0 numeric
Variable Type: Variable Measure:	scale
variable measure.	Based upon 3757 valid cases out of 3757 total cases
	• Mean: 2539.1
	• Median: 947.0
	Mode: 0.0
	Standard Deviation: 3328.79
steps	Number of steps taken during activity, fetched from linked app
Width:	5
Decimal:	0
Variable Type: Variable Measure:	numeric scale
	Based upon 3757 valid cases out of 3757 total cases
	·
	• Mean: 3698.0
	• Median: 1621.0
	• Mode: 0.0
	Chandland Daviations (1001.02)
	Standard Deviation: 4691.23
vigorous	 Standard Deviation: 4691.23 The number of minutes of vigorous activity, fetched from linked app
Width:	The number of minutes of vigorous activity, fetched from linked app 3
Width: Decimal:	The number of minutes of vigorous activity, fetched from linked app 3 0
Width: Decimal: Variable Type:	The number of minutes of vigorous activity, fetched from linked app 3 0 numeric
Width: Decimal:	The number of minutes of vigorous activity, fetched from linked app 3 0 numeric scale
Width: Decimal: Variable Type:	The number of minutes of vigorous activity, fetched from linked app 3 0 numeric
Width: Decimal: Variable Type:	The number of minutes of vigorous activity, fetched from linked app 3 0 numeric scale Based upon 3757 valid cases out of 3757 total cases • Mean: 3.2
Width: Decimal: Variable Type:	The number of minutes of vigorous activity, fetched from linked app 3 0 numeric scale Based upon 3757 valid cases out of 3757 total cases • Mean: 3.2 • Median: 0.0
Width: Decimal: Variable Type:	The number of minutes of vigorous activity, fetched from linked app 3 0 numeric scale Based upon 3757 valid cases out of 3757 total cases • Mean: 3.2 • Median: 0.0 • Mode: 0.0
Width: Decimal: Variable Type:	The number of minutes of vigorous activity, fetched from linked app 3 0 numeric scale Based upon 3757 valid cases out of 3757 total cases • Mean: 3.2 • Median: 0.0
Width: Decimal: Variable Type: Variable Measure: moderate	The number of minutes of vigorous activity, fetched from linked app 3 0 numeric scale Based upon 3757 valid cases out of 3757 total cases • Mean: 3.2 • Median: 0.0 • Mode: 0.0
Width: Decimal: Variable Type: Variable Measure: moderate Width:	The number of minutes of vigorous activity, fetched from linked app 3 0 numeric scale Based upon 3757 valid cases out of 3757 total cases • Mean: 3.2 • Median: 0.0 • Mode: 0.0 • Standard Deviation: 10.42 The number of minutes of moderate activity, fetched from linked app 3
Width: Decimal: Variable Type: Variable Measure: moderate	The number of minutes of vigorous activity, fetched from linked app 3 0 numeric scale Based upon 3757 valid cases out of 3757 total cases • Mean: 3.2 • Median: 0.0 • Mode: 0.0 • Standard Deviation: 10.42

Variable Measure:	scale Based upon 3757 valid cases out of 3757 total cases
	 Mean: 6.6 Median: 0.0 Mode: 0.0 Standard Deviation: 20.81
light	The number of minutes of light activity, fetched from linked app
Width: Decimal: Variable Type: Variable Measure:	3 0 numeric scale Based upon 3757 valid cases out of 3757 total cases • Mean: 66.1 • Median: 0.0 • Mode: 0.0 • Standard Deviation: 127.42
sedentary	The number of minutes of sedentary activity, fetched from linked app
Width: Decimal: Variable Type: Variable Measure:	4 0 numeric scale Based upon 3757 valid cases out of 3757 total cases • Mean: 566.5 • Median: 367.0 • Mode: 0.0 • Standard Deviation: 620.64
calories	The number of estimated calories burned during the activity
Width: Decimal: Variable Type: Variable Measure:	4 0 numeric scale Based upon 3757 valid cases out of 3757 total cases • Mean: 1127.2 • Median: 1142.0 • Mode: 0.0

• Standard Deviation: 1095.84