Flinders University
Digital Psychiatry
Research Team

- Flinders University HVC -

'ReachOut health-tracking cohort study', 2016-2017

'Sleep' dataset

user.id	Unique participant ID number assigned by study platform on registration
Width:	4
Decimal:	0
Variable Type:	numeric
Variable Measure:	nominal
	Based upon 1115 valid cases out of 1115 total cases

source	Name of app which participant linked to the study platform and from which data has been fetched via Human API
Width:	18
Decimal:	0
Variable Type:	string
Variable Measure:	nominal

measurement_date_time	The time and date when activity data was fetched by the study platform from the app source via Human API (dd/mm/yyyy hr:min:sec)
Width:	63
Decimal:	0
Variable Type:	string
Variable Measure:	nominal

asleep_duration	The time asleep during the segment (minutes), fetched from linked app
Width:	3
Decimal:	0
Variable Type:	numeric
Variable Measure:	scale

awake_duration	The time awake during the segment (minutes), fetched from linked app

Width:	3
Decimal:	0
Variable Type:	numeric
Variable Measure:	scale